

SUMMER PROGRAMS FOR HIGH SCHOOL STUDENTS



Baruch College | 84

Boston has the best schools, but maybe you're better off at a local college. 16-17

City votes on controversial statue placement. 6



President Trump's tax cuts are putting money back in taxpayers' hands this Tax Day, with even more expected next year. But some think those dollars will cost a lot more in the long term. 4

GETTY IMAGES

THINGS YOU

NEED TO KNOW

WELCOME TO METRO.US

SAM NEWHOUSE, REPORTER

Thanks to Trump's tax plan, many Americans will be getting more money back from the government in their tax returns this year, with even steeper cuts coming by next year meaning that even bigger returns will be likely. But is it worth it? While the real estate market is growing and may be further stimulated by tax cuts, questions remain about what they're adding to the national debt and the long-term effects of the tax-cut plan. Read more on page 4 and at metro.us.

SEAN HANNITY REVEALED AS COHEN MYSTERY CLIENT

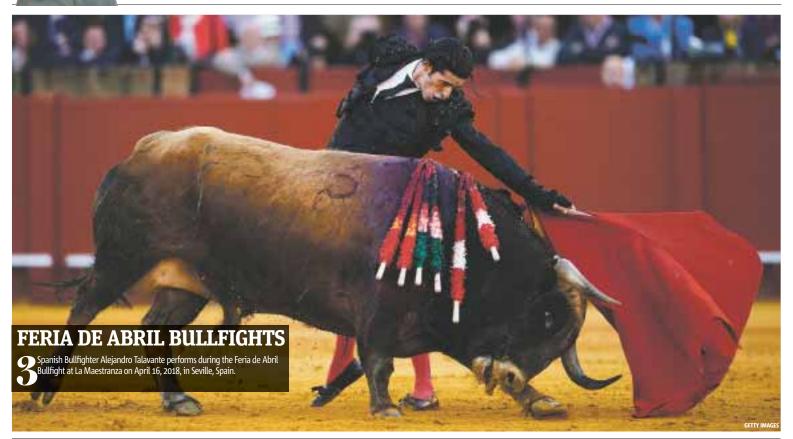
President Donald Trump's personal lawyer was forced on Monday to reveal in a New York federal court that Fox News personality Sean Hannity, one of Trump's most ardent defenders, was also on his client list. Michael Cohen, Trump's fiercely loyal and pugnacious lawyer, disclosed Hannity's name through one of his own lawyers at the order of the judge. Stormy Daniels, an adult-film actress who claims to have had a sexual encounter with Trump, watched from the public gallery. Daniels is fighting a 2016 nondisclosure agreement arranged by Cohen in which she

got \$130,000 to stop her from discussing her claim she had sex with Trump a decade prior, something Trump has denied. Hannity, 56, said on Monday that he had never paid for Cohen's services or been represented by him, but had sought confidential legal advice from him. The conservative host often uses his weeknight broadcast on Fox News to defend the president against what he sees as biased attacks by the media. The unexpected naming of Hannity made him the latest outsized media personality to be drawn into the investigation's cast of unlikely supporting characters.

WHITE HOUSE DELAYS NEW SANCTIONS ON RUSSIA

President Donald Trump has delayed imposing additional sanctions on Russia and is unlikely to approve them unless Moscow carries out a new cyberattack or some other provocation, a senior administration official said on Monday. U.S. Ambassador to the United Nations Nikki Haley said on Sunday that Washington was preparing new sanctions on Russia over its support of Syrian President Bashar al-Assad. "The ambassador got out ahead of things this time," the senior administration official told Reuters on condition of anonymity. The Washington Post first reported that

Trump had put a stop to a plan for additional economic sanctions on Russia. The official said Trump was concerned that immediately imposing more sanctions, on the heels of last weekend's U.S.-led strike against Russian-backed Assad, would interfere with his efforts to negotiate agreements with Russian President Vladimir Putin on combating Islamic extremism, policing the internet and other issues. The U.S. has taken a series of measures against Russia, including expelling diplomats over a poisoning case in Britain and imposing sanctions against 24 Russians over interference in the presidential election.



REPUBLICANS INTENSIFY ATTACKS ON JAMES COMEY

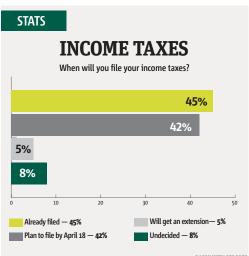
President Donald Trump, his White House staff and the Republican National Committee escalated their attacks on Monday against the former director of the Federal Bureau of Investigation who called Trump a "morally unfit" leader in an interview. James Comey, who was fired by Trump last year amid an FBI investigation of possible ties between Russia's meddling in the U.S. election and Trump's 2016 campaign, made his comments in an interview with ABC News on Sunday, saying Trump may be vulnerable to blackmail by Russia. Comey has written a book

to be released on Tuesday that also is highly critical of Trump. During the weekend the president had tweeted that Comey was a "slimeball," "a leaker & liar" and a terrible FBI director. On Monday, he returned to Twitter to accuse Comey and "others" of committing "many crimes." Trump provided no evidence of a crime and Comey has not been accused of wrongdoing by legal authorities. He may be a witness for any charges of obstruction of justice under consideration by special counsel Robert Mueller, who is investigating connections between Trump and Russia. Read more about Comey on page 13.

DATA: 'SUSPICIOUS GROUPS' BEHIND FACEBOOK ADS

✓ Most of the political ads about divisive issues that ran on Facebook Inc. before the 2016 U.S. presidential election were sponsored by "suspicious groups" with no publicly available information about them, according to a study released on Monday and based on a database of 5 million ads on Facebook. One in six of those groups was linked to Russia, according to a University of Wisconsin-Madison study, and the identities of the rest of the 122 groups that are labeled "suspicious" are still unknown, an indication of the influence of "astroturf" or shell companies in U.S. politics.

Over a quarter of the suspicious ads mentioned Donald Trump or Hillary Clinton, two of the presidential candidates in the election, and 9 percent expressly advocated for or against individual candidates. Most other ads deliberately avoided mentioning candidate names while still getting the message out by doing things like supporting policies pushed by candidates, Young Mie Kim, the lead researcher said. The researchers labeled suspicious adbuyers as groups with pages that have been inactive, inaccessible, removed or banned by Facebook and there was no information available publicly about them.



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2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 0 B

Brony

5221 Broadway Ave, Bronx, NY 10463 1

384 E 149 St, Ste 201, Bronx, NY 10455 2 5

2157 White Plains Rd, Bronx, NY 10462 2 5 0

Queens:

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30-33 Steinway St, Astoria, NY 11103 😢 🛈 🚻 😮

40-04 Forley St, Jackson Heights, NY 11373 🕫 🖲 M 🖪 7

59-20 Myrtle Ave Queens, NY 11385 **0 M 2 0**

1652-03 Jamaica, Ste 200, Queens, NY 11432 🕑 🕕 5 🔞

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ong Island:

260 Sunrise Hwy Ste 102

Valley Stream, NY 11581

Suburban NY/Rockland County:

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New Jersey

766 Shrewsbury Ave, Ste 300

Tinton Falls, NJ 0772

81 Route 37 West Toms River NJ 08755



Trump tax cuts will stimulate the economy, but concerns persist

Trump's tax plan is showing some early signs of market stimulation, but concerns persist about its long-term effects.



SAM NEWHOUSE

Love him or hate him, President Donald Trump held true to his campaign promise of cutting taxes. Plenty of working Americans will get more money back in their tax returns in 2017, partly thanks to a reduction of the tax withholding rate, and significantly lower tax rates taking effect this year will mean even bigger returns next year.

"From the near-term perspective, I think you're seeing stimulation, particularly on my end — people are taking money out of markets now, investable income from bonuses or whatever it might be and putting it into hard assets," said Cody Vichinsky, co-founder at Bespoke Real Estate. "My segment, being ultraluxury real estate, is not

prone to impacts of policy in the same ways as other areas. It's much more about emotion. ... They sentimentally are feeling a little more financially free or capable to invest that money into an asset."

Bespoke Real Estate is a high-end real estate brokerage that only sells properties in the Hamptons that cost more than \$10 million, with a median sales price around million. Vichinsky said the impact of cuts here and there is less important to his clientele than a general optimism bubbling up in domestic markets, noting that indicators like retail sales are on the upswing, which he said is driving investor confidence upward.

"People are benefitting across the entire spectrum, whether they're a lower tier of wealth or luxury, ultra, ultra highhe said. "People have retained a

tle bit more of their income, whether through their tax savings or their bonuses, and they can go put back more into the economy. ... The data says to me the markets are moving at a better pace than they have been.'

But after the cuts are in place, along with planned decreased to funding various government agencies and social services, the outlook might get a bit dicier.

interest rate "The hike and the addition to our national debt based on the tax cuts, the longterm analysis of that is on people's minds for sure," . Vicĥinsky said.

Trump's plan included a 20 percent deduction in the tax rate for

so-called passthrough entities, where income passes through" to an ownwho er pays an individual inc o m e

Trump's tax plan included a 20 percent deduction in the tax rate for "passthrough" entities.

tax rate under the old code. Some say that aspect of the code is a big stimulant for markets like real estate, while others question its long-term effects.

Main Street Alliance, a network of small business owners, said there are more risks than benefits in that deduction and the tax plan in general for their members.

"The national median income for a typical business is \$50,000 — these are the bodegas and auto mechanics who are likely to see hikes in their health insurance premiums that far outweigh any small tax cut they may receive," the group said in a new report on the impact of the Tax Cuts and Jobs Act. "Income from pass-through businesses skews heavily to the very wealthy, with 70 percent of passthrough income accruing



Cody Vichinsky, co-founder at Bespoke Real Estate, an ultra-high-end Hamptons brokerage, said he see signs in the short-term of market confidence after the Trump tax cuts. COURTESY OF BESPOKE REAL ESTATE

to the top 1 percent of income earners — these are the hedge fund managers and Wall Street lawyers who are also pass-through income earners."

Overall, the Alliance said, they expect small business owners to be impacted negatively more than they will gain from the cuts.

But Vichinsky said he thinks individuals can look to short-term benefits from the cuts, if they're willing to put in the time to understand it.

"There's a ton of mis-

information out there because most people don't have the wherewithal or the adeptness to read tax policy. There are a lot of things people have to know from a nuanced perspective to capitalize on the tools I'd say are embedded in this policy that can help them save money," he said. "At the same time, you're reading all these big headlines in the news, but you have to boil it down to, 'Are you paying more money or are you making

How do I file for a tax extension, and is filing for an extension bad?

You're not going to make it. You had grand plans to file your taxes this year way ahead of the rush you even got all those discount emails from several tax filing firms but life just got in the way. Somewhere between all the weekend shopping and errands and straight exhaustion from work, you just never got around to it. So now the question is: How do I file for a tax

Filing for an extension: Is it bad, and is there a penalty?

We'll cut to the chase here about filing for an extension: No, it's not bad - as long as you do it on time. Filing for an extension on your taxes needs to be done at the same time as everyone

else is turning in their actual taxes, which means now. You'll need to have all the paperwork filled out electronically or filled out and mailed in — by the deadline, which varies from year to year. In 2018, that's Tuesday, April 17.

Here's the thing that you need to remember when filing for an exten-

"The failure-tofile penalty is generally more than the failure-to-pay penalty."

The IRS, on its website

sion, though: The IRS is all about that money. You need to not only file for an extension on your tax forms but also pay them an estimation of what you probably owe on your taxes.

You'll get slapped with one of two penal-ties if you don't file both of these, depending on which you fail to do. The two types of penalties the IRS can leverage against you are: the failure-to-file penalty and the failureto-pay penalty, which is pretty self-explanatory. The failure-to-file penal-

ty is generally more than the failure-to-pay penalty," the IRS writes on its

So, how do I file for a tax extension? Filing for an extension is



Filing for an extension on your taxes needs to be done at the same time as everyone else is turning in their actual taxes, GETTY IMAGES

simple: Use the Free File link on the IRS website. This free service will make it easy for you to fill out Form 4868, the request form for an automatic tax filing extension. Simply select the paperwork for over or under \$66,000 based on your annual income.

If you file for a tax extension, your tax filing deadline will be October 15 — but your estimated taxes, again, are still due on Tax Day. LINNEA ZIELINSKI

TAX DAY

Why are taxes due on April 17, not April 15?

It's not that you're ungrateful. You appreciate each and every second of those extra few days to track down your W2 and finally file your 2018 taxes. But, why are taxes due on April 17? Isn't that dreaded date generally April 15?

First of all, no, you haven't been turning your taxes in early every year or losing out on valuable days. Tax Day is, indeed, generally on April 15, but there are exceptions so the exact date can vary from year to year. You might remember, for example, that Tax Day 2017 and 2016 fell on April 18. So, what's the deal?

Why are taxes due on April 17? Well, part of it has to do with the federal government and their workweek. If April 15 falls on a weekend, which it does this year, the exact date of the tax deadline gets bumped since no one's around at the IRS to check that everything's been filed.

This year, April 15 falls on a Sunday, meaning government offices are closed.

So why aren't your taxes due on that Monday, April 16? That's where you got another lucky break this year — although, we suppose, not as lucky as in 2016 and 2017 when April 15 fell on a Saturday. Our taxes aren't due the Monday directly following April 15 because it's a holiday, though you might not have ever heard about it.

Monday, April 16 is Emancipation Day. Although many people let the holiday pass unrecognized, it's a big enough federal holiday for government offices to be closed. That includes the IRS, which is why you get one more day to complete your taxes.

Emancipation Day marks the date Abraham Lincoln signed the Compensated Emancipation Act in 1862, thereby freeing more than 3000 slaves in the District of Columbia. unnea zieunski

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City to move doctor's controversial statue from Central Park to Brooklyn

Dr. J. Marion Sims has been celebrated as a pioneer in gynecology and surgery, but was found to have experimented on slave women without anesthesia.



City officials on Monday decided to move a controversial statue of Dr. J. Marion Sims, "the father of modern gynecology," from Central Park to the Brooklyn cemetery where he is buried.

The move comes at the recommendation of the Mayoral Advisory Commission on City Art, Monuments and Markers, and a new work with eventually be commissioned for the site at Fifth Avenue and East 103rd St. A temporary sign will be placed at the site on Tuesday, when the statue will be moved to Green-Wood Cemetery.

Wood Cemetery.

Mayor Bill de Blasio appointed the 18-person panel, who recommended the statue's relocation to the Public Design Commission in January. The panel was created in August to review "all symbols of hate on city property" following the violence that broke out that month in Charlottesville, Virginia, during a protest by white supremacists against the removal of a Robert E. Lee statue.

Sims, who founded the nation's first hospital for women in New York City in 1855, has been celebrated as a pioneer in gynecology and surgery, but was found to have experimented on enslaved women without anesthesia.

Sims' statue was the only controversial one under review whose future remained in question since last summer. All others, most notably the Christopher Columbus monument in Columbus Circle, have been spared from removal or relocation.

"The fate of the monument mustn't hinge on whether some New Yorkers — like the city's first lady — believe that Sims was a 'bad' person," Michele H. Bogart, an art history professor at Stony Brook University told the Post.

However, Tom Finkelpearl, a commission co-chair, said relocating Sims' statue to Green-Wood "is an important step toward making our public spaces more open, inclusive and welcoming to all."



The controversial statue of Dr. J. Marion Sims will soon have a new home in Brooklyn's Green-Wood Cemetery, where he is buried correspond to the control of the control of

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NYC has 25-year plan to protect its forests from climate change

We know that climate change will affect New York City's waterfronts, but there's another ecological feature also at risk: the city's forests.

NYC Parks and the nonprofit Natural Areas Conservancy announced on Monday the creation of a 25-year plan to keep New York City's forests healthy in the face of climate change.

Forest make up a quarter of the city's parkland, according to the parks department, and are currently in "surprisingly" good condition. Healthy native trees make up 85 percent of the city's forests, but they're still at risk, experts say, of threats like invasive plants, dumping, unauthorized trails and increased heat and

droughts due to climate

change.
"New York City's forests are healthier and more diverse than most people ever imagined - but we cannot take their current condition for granted," said Sarah Charlop-Powers, executive director the Natural Areas Conservancy, in a statement. The 25-year plan, she added, will ensure that we provide high quality access to nature to the next generation of New Yorkers.'

Called the "Forest Management Framework for New York City," the plan treats the city's forests as "a critical piece of infrastructure" in need of public investment. Natural Areas Conservancy scientists spent six years collecting and analyzing data for this plan — the

\$385M

For the city's forests, the plan said that \$385 million is needed over the next 25 years to restore, manage and protect trees.

largest study of its kind in the country, according to the organization.

There are currently 43 types of forests in the city, according to the report, but the next generation of city trees are less healthy than before, threatening this land.

To protect this



New York City's forests are a "critical piece of infrastructure." according to the Natural Areas Conservance.

infrastructure, the plan says that \$385 million is needed over the next 25 years to restore the diversity of the forests, to ensure enough management of the forests and to protect trees from the effects of climate change.

"Urban greenery our city's most valuable environmental asset provides clean air, helps mitigates climate change and contributes to the

well-being of residents as well as the city's economy," said Marcia Bystryn, president of the New York League of Conservation Voters, in a statement

'Investing now in a long-term forest management framework will ensure that future generations of New Yorkers can reap these benefits, she added. "This muchneeded framework

will provide a path to a greener, healthier urban forest in New York City.'

The Natural Areas Conservancy has also created a tool to make sure that "climate-adapted tree specie" are used in all future NYC Park restoration work. That effort is in partnership with the Wildlife Conservation Society through a Climate Adaptation Fund grant.

KOSTA BODA

SWEDEN 1742

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The Contrast collection, artsy and expressive, designed by Anna Earner at her best. Choose between bowls, vases, dishes and glasses in 4 colors.

Shown: Tumbler \$30.00 8" Blue Vase \$100.00



METRO.US **NEWS** TUESDAY, APRIL 17, 2018



New York City is now one of the first major cities in the nation to commit to housing inmates according to their gender identity, officials said. ISTOCK



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1 bedroom	60% AREA MEI INCOME (AMI) U	\$980	E4		1 person	\$35,555 - \$43,860		
			54	7	2 people	\$35,555 - \$50,100		
2 bedroom		\$1,183	14	→	2 people	\$42,549 - \$50,100		
					3 people	\$42,549 - \$56,340		
					4 people	\$42,549 - \$62,580		

- 1 Rent includes gas for cooking, heat and hot water. Tenants are responsible for electricity.
- Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
 Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
- ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than June 18, 2018. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Presente una solicitud en línea en <u>nyc.gov/housingconnect</u>. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con selle postal antes de **18 de junio 2018**. Español

访问 nvc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版,请将您的回邮信封寄送至: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. 信封背面请用英语注明

"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请2018年6月18日。

Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 18 июнь 2018.

<u>nyc.gov/housingconnect</u> 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018 으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. **2018년6월18일**까지 온라인 신청서를 제출하거나 소민이 찍힌

简体中文

Русский

한국어

Aplike sou entènèt sou sitwèb <u>nyc.qov/housinqconnect</u>. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **jen 18 2018**.

تقدم بطلب عن طريق الإنترنت على الموقع الإنتروني nyc.gov/housingconnect, للحصول على ترجمة باللغة العربية لهذا الإعلان وللموذج الطلب الورقي، أرسل مظروف <u>استخوالته الراحية المستخورة المستخ</u>





NYC will now house inmates according to gender identity

The move will help protect transgender inmates from physical and sexual violence, the city's human rights commission hopes.



New York City's Department of Corrections will now house incarcerated individuals based on the gender they identify as, Mayor Bill de Blasio announced on Monday.

The DOC is also working with the NYC Commission on Human Rights in order to maintain the Transgender Housing Unit as an additional safe housing option for trans inmates, the mayor said.

"It's the city's responsibility to protect the rights and safety of all New Yorkers, and that means protecting trans-gender individuals in city jails as well," de Blasio said in a statement. "New York City is one of the first major cities to commit to taking this step, and it's crucial to ensuring all our facilities are welcoming and safe for all New Yorkers, no matter their gender identity."

The corrections de-

partment will have six months to implement this new policy. The change comes, de Blasio said, as the human rights commission has been working to ensure that the housing policies are consistent with an executive order signed by the mayor in March 2016.

That order, Executive Order No. 16, requires that all city agencies allow people to use singlefacilities "consissex tent with their gender identity, without being required to show identification, medical documentation, or any other form of proof or verification of gender."

New York City is now one of the first major cities in the nation to commit to housing inmates according to their gender identity, officials said.

Activists hope this change will help protect trans inmates from physical and sexual violence. According to the U.S. Bureau of Justice Statistics in 2012, 40 percent of transgender prison-ers are sexually abused each year, compared to 4 percent of prisoners in general.

"No one should feel unsafe for being who they are," said Chair and Commissioner of the NYC Commission on Human Rights Carmelyn P. Malalis in a statement. "Housing incarcerated individuals consistent with their gender identity is not only about dignity and respect but an important recognition of the unique challenges and vulnerabilities transgender and gender nonconforming individuals face in corrections facilities nationwide."





PropertyShark report: Tribeca remains the city's most expensive neighborhood

Tribeca is one of New York City's hottest neighborhoods - and it continues to be its most expensive when it comes to median home sales, according to new data from PropertyShark.

Éven with prices declining 30 percent year over year, Tribeca stayed at the top of the real estate's list in the first quarter of 2018 thanks to a median sales price of more than \$3.5 million. SoHo ranked second with \$3.2 million as its median sales price, though that neighborhood saw a small 5 percent drop year-over-year.

Tribeca was able to keep its No. 1 spot due to pricey sales that inflated prices, including 37 transactions at 30 Park Place and 21 at 56 Leonard St., both of which had median prices of \$5.6 million and \$7.2 million, respectively.

The rest of the top 10 mostly consists of Manhattan neighborhoods, from the East and West Village to the Garment District, save for Brooklyn's Dumbo, which takes the fifth spot with the neighborhood's median sales price of \$1.97 million.

The West Village, which ranked third, saw a huge 88 percent increase in median

\$3.5M

Homes in Tribeca have a median sales price of more than \$3.5 million.

sales prices thanks to 10 transactions at 643-651 Greenwich St., which averaged \$3.8 million.

But it was Brooklyn's Fort Greene that "stole the show with an outstanding performance," PropertyShark noted, as prices leaped 131 percent to just fall just shy of \$1.3 million. The neighborhood's most expensive transaction was actually above that median, with \$3.2 million at 59 S. Elliot.

With a media price of \$995,000, Belle Harbor was the first Queens neighborhood to surface on PropertyShark's list at Ño. 27. The area saw a 29 percent year-over-year increase.

PropertyShark made its calculations on residential property sales that were closed between Jan. 1 and March 31, including single-family homes, condos and co-ops. NIKKI M. MASCALI



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Why Are So Many Knee Ar Newest Medical Proced

New York Doc's Merge Best of High Te

Fraction of the cost, less medical risk, little to no downtime and ofte Hundreds of worst arthritis sufferers from tri-state area

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted one of the doc's at NYC Pain MD in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at NYC Pain MD because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid or at the very least delay knee replacement surgery is doing the correct treatment as soon as possible".

What is the "correct treatment?"

"That depends," noted the doc. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," he added.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby an FDA-approved preparation of Hyaluronic acid - a gel-like medicine is - applied ultra-precisely and virtually painlessly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosusupplementation gets the best results and is so important when trying to avoid surgery.

The director of treatment believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at *NYC Pain MD* use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to go. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife



Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

thritis Sufferers Choosing lures Before Surgery?

ch Medicine And All Natural Treatments

n covered by insurance amongst top reasons for high patient demand...
a call weekly to find out if treatment may be right for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because thousands of knee pain sufferers have flocked to the *NYC Pain MD* New York City for their brand of treatment

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid technically) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it can be excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

But...when introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get viscosupplementation from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place he Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time."



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. NY Pain MD used this P.A.T. Imaging Technology with each and every treatment.

"NYC Pain MD is a state of the art medical facility offering the best technology".

And that's not all ...

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years or more for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends-that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added one of the clinic's doctors.

How To Find Out If It Can Help You?

If you have knee pain, the *NYC Pain MD* doctors would like to see if you do qualify for a No-Cost, No-obligation screening to see if you may be candidate for their treatments using *Precision Arthritis Targeting Technology*.

Many Insurance Plans Participate:

Most Out-Of-Network Insurance Plans United Healthcare In & Out Of Network (except the Community Plan) Traditional Medicare • AARP Medicare Most Union Plans • Transit Worker Plans Work Related Injuries/Work Comp/1199/GHI Auto Accident plans

Out of newtork:

Aetna • Cigna • Empire • Oxford • Ghi • 1199 Blue Cross Blue Shield & others

*EZ payment plans (\$99 per month) also available

All you have to do is call 800-885-KNEE (5633) right now. However, due to extremely high call volume, you may not get a live scheduling coordinator. In that case, do NOT hangup. Just leave a message with your name, phone number and best time for us to reach you. A patient coordinator will get back you as soon as possible to find out if you qualify for the nocost screening and then find you an appointment time.

And here's something really important -

Viscosupplementation treatments are covered by many insurances, union plans ... even medicare. So, to schedule your no obligation screening or if you have any questions -

Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With NYC Pain MD? Find Out Today

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplemention (Hyalgan, Supartz Synvisc) without satisfactory results?





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The FDA urged consumers who have purchased eggs that could contain salmonella to immediately discontinue use **GETTY IMAGES**

More than 200 million eggs have been recalled due to salmonella scare

If you've recently purchased eggs from Walmart, you should check the packaging.



The Food and Drug Administration (FDA) announced an egg recall because of a recent salmonella contamination

More than 200 million eggs are being recalled over recent concerns over a salmonella contamination that has spread across nine states. According to the Food and Drug Administration, the contamination originated at a farm in North Carolina.

The Food and Drug Administration (FDA) announced the egg recall in a statement Friday that the recalled eggs from the North Carolina farm were distributed to restaurants and supermarkets in Colorado, Florida, New Jersey, New York, North Carolina, Pennsylvania, South Carolina and West Virginia.

The FDA has reported 22 illnesses related to the recent incident.

The FDA reports eggs from the following the brands have been recalled including "loose" eggs that are distributed to various restaurants in large quantities: Coburn Farms, Country Day-break, Food Lion, Glenview, Great Value, Nelms and Sunshine Farms.

The Food Lion brand is sold at Food Lion supermarkets and has been pulled off its shelves due to the salmonella scare. The Great Value brand is sold at Walmart.

Check cartons to see if it is part of salmonella egg recall

According to the FDA, the affected egg cartons are labeled with the plant number P-1065 with packing dates ranging from 011 through 102, using the Julian date system, which is used on some egg cartons to represent the day the eggs were packed. That number can be found on the side of the carton or packaging. The FDA urged con-

sumers who have purchased eggs that could contain salmonella to immediately discontinue use and return them to the place they were purchased for a full refund. If you have questions concerning your eggs or the packaging date on the container, you can call Hyde County Farms in North Carolina at (855) 215-5730.

WHAT IS **SALMONELLA AND** WHAT ARE THE **SYMPTOMS?**

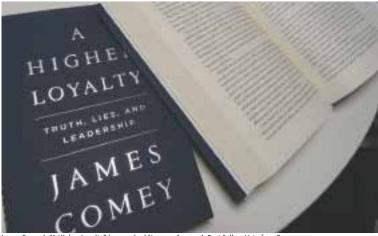
According to the Center for Disease Control and Prevention (CDC), salmonella is a bacteria that has the potential to cause serious and sometimes fatal infections, especially in young children, the elderly and those with weakened immune systems.

The symptoms of salmonella infection (salmonellosis) are similar to other food poisoning ailments and can include diarrhea, fever, abdominal pain and cramping. In severe and rare cases a salmonella infection can spread from the intestines into the bloodstream and other parts of the body, resulting in hospitalization.

Common foods that salmonella can be found in raw or undercooked eggs and meat, raw milk and contaminated water. Salmonella can also contaminate fruits and vegetables.

According to the CDC, there are approximately 1.2 million illnesses, 23,000 hospitalizations and 450 deaths each year in the United States caused by salmonella. If you think you or a family member might be suffering from salmonella, see your doctor immediately.

13



James Comey's "A Higher Lovalty" has reached No. 3 on Amazon's Best Sellers List of 2018, GETTY IMAGES

How to get your hands on a copy of the James Comey book today

The much-talked-about James Comey book, "A Higher Loyalty: Truth, Lies, and Leadership,' has made major headlines leading up to its release today, April 17. In The New York Times' review of the book, critic Michiko Kakutani stated that it "underscores just how outside presidential norms Trump's behavior has been - how ignorant he is about his basic duties as president, and how willfully he has flouted the checks and balances that safeguard our democracy, including the essential independence of the judiciary and law enforcement.'

On Monday, "A Higher Loyalty" was No. 3 on Amazon's Best Sellers List of 2018, which is updated daily (in comparison, Michael Wolff's "Fire and Fury" is still No. 1). CNN Money reported on Friday that, in anticipation of high demand, Flatiron Books printed 850,000 copies, and if you want to

get your

hands on the highly anticipated James Comey book - assuming you haven't already pre-ordered it — here are your best same-day purchase options.

First things first: if you're not into online orders, you can lace up your best pair of running shoes and book it to the nearest Barnes and Noble or Amazon Books to try and get a copy of "A Higher Loyalty". If it's anything like Michael Wolff's "Fire and Fury," make sure you're prepared for long lines and for copies to sell out fast.

Representatives from both Amazon **Books NYC locations** Columbus Circle and 7 W. 34th street - confirmed to Metro that they will be selling "A Higher Loyalty" on

release day. If you don't want to head out right away, you can use the Barnes and Noble app to reserve a book for pick up

in stores. You can also find available copies through the "Pick Up In Store" locator on the Barnes and Noble website.

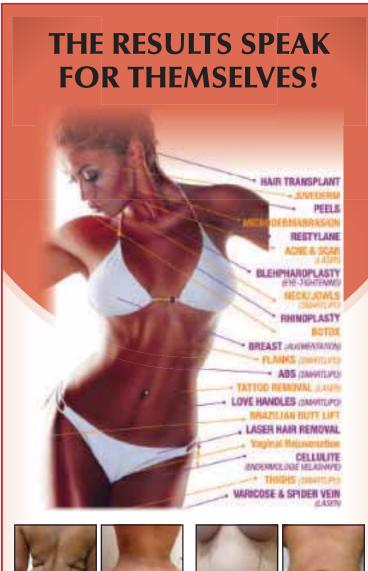
If you want to read the book on the day of its release, you can order the Kindle edition on Amazon. The company's tech support told Newsweek that readers might experience a delay "depending on the demand of people downloading the book."

The same goes for Barnes and Noble Nook: you can order it online and expect to be reading it on release day. However, it might take a few hours to download depending on demand.

You can also purchase and download the James Comey book through iTunes.

If you're having trouble finding copies, or you don't mind waiting a few business days to read through Comey's new memoir, you can still go to the Amazon and Barnes and Noble websites to order "A Higher Loyalty". Other websites where you can place orders include, Books

A Million, Indie Bound and Powell's. May the odds be ever in your favor today and thereafter.

















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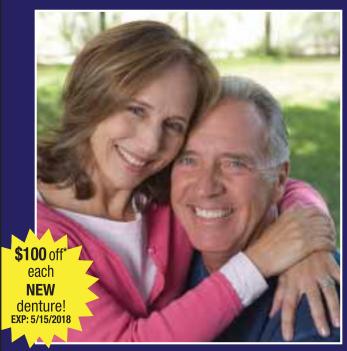
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Boston billionaire Seth Klarman has a reported net worth of \$1.5 billion. GETTY IMAGES

This Republican billionaire is using Trump tax cuts to fund Democrats

Seth Klarman, billionaire CEO of the Baupost Group, says he plans to "invest" in Democratic candidates.



Boston billionaire Seth Klarman, who previously supported Republicans, will be using his windfall from the GOP tax-cut plan to fund Democratic candidates.

"The Republicans in Congress have failed to hold the president accountable and have abandoned their historic beliefs and values," said Klarman in a statement to The Boston Globe. "For the good of the country, the Democrats must take back one or both houses of Congress."

The CEO and president of Baupost Group, Klarman has a net worth of \$1.5 billion, according to Forbes. He gave more than \$7 million to Republican candidates during the Obama presidency but now says he will "invest"

in Democrats, having given \$200,000 to Democratic candidates since Trump's inauguration.

And more is to come. "I received a tax cut I neither need nor want. I'm choosing to invest it to fight the administration's flawed policies and to elect Democrats to the Senate and House of Representatives," said Klarman.

The billionaire supported Hillary Clinton in the 2016 election, calling Donald Trump "completely unqualified for the highest office in the land," Reuters reported. He has also donated \$2 million to Democratic issues such as gun control and environmental protection.

In October 2017, New York magazine reported that Klauman outlined some of his objections to Trump at an investment conference: "The president is a threat to democracy," said Klauman according to audio of the event. "He has attacked journalists and he's threatening to take away NBC's license. He's attacking judges. He's violating all sorts of democratic norms, from the emoluments

"The Republicans in Congress have failed to hold the president accountable and have abandoned their historic beliefs and values."

Seth Klarman

questioning the election and threatening to lock up his opponent. People don't focus on this, but Nazi Germany had a constitution before Hitler came to power and at the end of the war they had the exact same constitution. It lasted all the way through, but democracy didn't."

The billionaire added: "The country is getting divided, whether it's immigrants, whether it's transgender people, whether it's blacks, whether it's Mexicans. It's awful."

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BENOLISA G.

Touro GST Career Services Center constantly assisted me with creating and modifying résumés and cover letters. They weekly send emails for possible opportunities. With their help I got a job at Samsung as a Quality Engineer!



Every single service that I got at Touro GST's Career Services turned out to be essential to my career development, especially the mock interview. Thank you Touro GST for contributing to my success at Tag as a Front-end Developer!





Where Knowledge and Values Meet

Why Boston is the higher-ed capital of the US

There's more for students in Beantown than you think.



If you're a prospective student, you may be wondering why you should consider moving to Boston for school even if you don't get into Harvard. It's a great school! But not all 152,000 college students in the city go there. So what is it that makes Boston such a city on a hill for higher education?

Getting around

Both Boston proper and nearby Cambridge are in the top 10 for cities in the U.S. with the highest rates of pedestrian commuting. Walks to class among all the old buildings are gorgeous - they're also a great way to save fossil fuels and get some exercise. Boston's streets are not on a grid system, so you'll love recreational walking if you find adventure in getting lost! If you prefer to get around by bike, you can hop on a Hubway. Of course, there's always the T, Boston's subway system — just remember that the T stops running around 1 a.m., so be sure to check your line's schedule before a late night out with the squad.

Wide open spaces

Though Boston is a densely packed city, there are plenty of spots to get out in the sun and forget about coursework. Boston Common — the first green space most out-of-towners hear about — is part of the Emerald Necklace, an 1,100-acre network of parks, parkways, and waterways that includes Franklin Park and the Arnold Arboretum.

Harvard Yard, aside from being that place where you "pahk the cah," is a gorgeous spot to lie around under the shade of a tree. Lots of people go running on the Charles River Esplanade, and there are trails near the city where you can hike with your school chums.

Sports

They don't call it "Titletown" and "City of Champions" for nothing — its sports teams dominate. Prospective students who want to catch a game will not be disappointed — the Red Sox, Patriots, Celtics, Bruins and Revolution all call Boston home.

Snow

Some consider it the bane of their existence - many others have been waiting all their lives to see it. Either way, snow is a guarantee for a winter in Boston, and it's pretty as heck. For the fitness-obsessed, you can think of the shoveling and trudging through you'll have to do as another free exercise opportunity!

Tons of schools

Boston has a vast array of choices when it comes to schools, with 35 colleges, universities and community colleges - plenty of variety for the high school graduate who wants to take advantage of all the city has to offer.

There's no reason for prospective students to think of Boston as an exclusive city for the likes of Mark Zuckerberg and Barack Obama. It's the Higher Ed Capital of the U.S. because its infrastructure, greenery, sports, climate, and variety of options make it an ideal place to study while having fun and staying healthy.

Complete Your Bachelors Degree



Division of Applied Undergraduate Studies

The **NYU School of Professional** Studies (NYUSPS) Division of Applied **Undergraduate Studies** provides distinctive undergraduate pathways for students who want to pursue their education to deepen their knowledge, increase their professional expertise, and expand their career options.

The **Division** offers students who have earned 60 transferable college credits or more, the opportunity to complete their bachelors degree. Whether you are someone who stopped out of college because of family or work obligations, you are currently attending a four-year college or university and are rethinking your college choice or you are about to finish your associates degree at a community college, the NYU School of Professional Studies Division of Applied Undergraduate Studies affords you the opportunity to complete your degree at NYU, a world-class institution of higher learning.

The Division offers all of the advantages and resources of an NYU education, combined with the convenience and the flexibility needed to fit your busy schedule through courses that are delivered online and inperson. Undergraduate programs integrate the liberal arts and professional studies, providing an education that immerses you in relevant content and provides the immediately applicable skills that hiring managers seek.

Programs include the BS in Digital Communications and Media: BS in Healthcare Management; BS in Information Systems Management; BS in Leadership and Management Studies; BS in Real Estate; BS

in Marketing Analytics; BS in Applied Data Analytics and Visualization; BA in Applied General Studies; BA in Humanities; and BA in Social Sciences

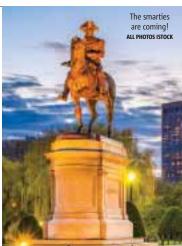
The Division of Applied Undergraduate Studies also provides a supportive learning environment, seamless credit transfer, and multiple financial aid and scholarship options. Tailored career development services are provided by the NYU Wasserman Center for Career Development at the NYU School of Professional Studies. One-on-one appointments at the Wasserman Center are available to discuss career goals, to strategize about a job search, and/or to get advice about your cover letter and résumé.

Classes held during days and evenings, intensives, and online degrees and courses cater to students who are often balancing personal and professional responsibilities. On-demand academic coaching; programs taught by top professionals in their fields, and comprehensive tutoring services make the NYU School of Professional Studies the choice for students who seek to complete their undergraduate degree at a world-renowned university.

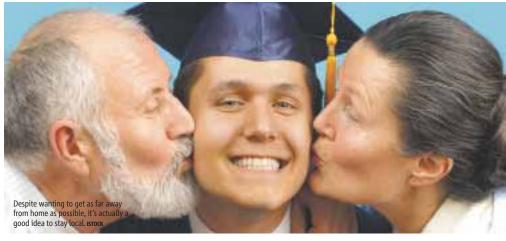
For information about the NYU School of Professional Studies Division of Applied Undergraduate Studies bachelors degree programs, visit

sps.nyu.edu/appliedUG/bachelors53; e-mail nvusps.appliedUG@nvu.edu; call 212-998-7100.









Why you should go local for college

Mom and Dad might be onto something, after all.



You can see the light at the end of the tunnel — you're almost done with high school. Forever. Now's your moment of truth: do you assert your soonto-come adult independence by getting as far away as you can from everything you know, or do you stay local? A change of scenery might be nice, but sticking close to home has some awesome advantages.

You'll save cash You might think that in-state tuition is your biggest cost-cutter when it comes to higher education. That's legit. But you may not have thought about some of the other ways you can rack up expenses in college. For one thing, rent prices for on-campus housing are insane, and you'll save a ton if you can live with family. Anyone who has gone to college far away can tell you that flights home for the holidays are pricey, not to mention stressful. As for food, even Dad's weirdest omelet experiments are better than anything you'll get at the dining hall, and they're definitely cheaper. Saving some dollars will help you be more present for a full course load and lit social life.

You know your city There's lots to love about Boston. You've grown up riding Septa, so you won't have to put yourself through the harrowing ordeal of learning a new public transit system. Plus, your new pals from out of town will see you as a regional wizard once they know they can count on you for flawless directions without (immediately) consulting your smartphone. You've spent your whole life going to your favorite team's games - not only will you get to keep seeing them play at home, you might make fans of your college friends. And remember that movie theater by your house with the gummy seats? Yeah, you can save your chums from a sticky situation with peerless "I grew up ĥere" know-how.

Millennials, millennials everywhere

According to The Washington Post's report on the New York City Comptroller's 2016 economic report on millennials, "about three percent of U.S. millennials, defined in the report as those born between 1985 and 1996, live in New York.

If you're worried that your mingling pool is limited to the people you knew in high school, don't be. There are plenty of newly minted adults around to befriend and date

You're an adult now, so the decision is yours when it comes to the choice between staying in town and leaving for college. But don't jump to a hasty conclusion just because you think it might be cool to finally get some space from your parents! The benefits of sticking around deserve their fair shake, and getting Mom to stop nagging you to stay close by isn't the only one.

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6pm-9pm

6pm-9pm

6pm-9pm

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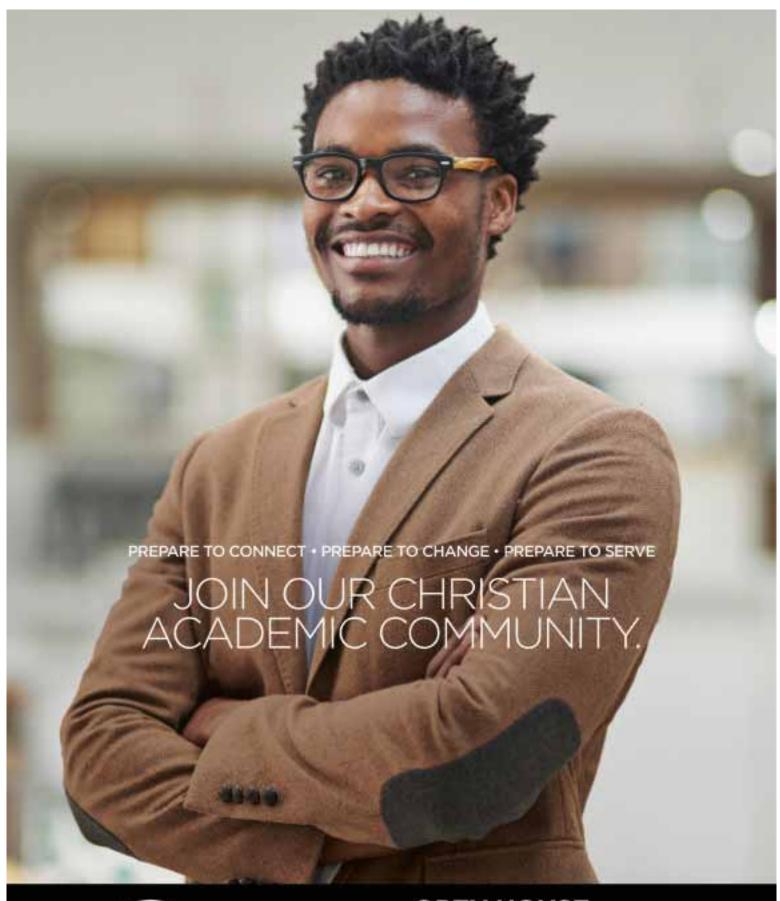
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Tuition: \$295



Even if you don't think you do.



EVA KIS eva.kis@metro.us

Most of us don't think we need a financial planner. Maybe you're one of the lucky ones who can pay their bills and throw a few dollars toward their 401K every month. Or maybe you live paycheck to paycheck and all you do is worry about money.

Thing is, there are things both of these people can learn from a money manager. Today is Financial Literacy Month, and it's time to consider how a financial planner could change your life—because the work a real financial manager does is nothing short of that.

"It starts with the finances, but it ends up being about everything else," says Shannon McLay, a former Merrill Lynch financial analyst who started her own company called Financial Gym, a fitness-inspired money

coolsculpting

Why you need a financial adviser



management hub to help with anything from resolving debt to figuring out how you can have that extra glass of wine when you go out to dinner.

Besides personal financial trainers, the Gym also hosts frequent classes on financial issues, everything from budgeting to afford your choice of recreational activity (yes, they're talking about weed), negotiating your salary and actual workout classes. Nonmembers can attend for \$15, but for the month of April they're waiving the fee to get you into better

shape after the reality check of dealing with that 1040 form.

So, who needs a financial trainer? We asked McLay what unlikely candidates may get out of making a few money moves.

The youngest spenders

The Financial Gym's clients range from 18 to 72 years old. Young people just entering college come to her as a preemptive strike against student loan debt, a problem that 44 million Americans are

facing to the tune of over \$1.4 trillion.

"I have a conspiracy theory that the schools don't want you to know these things, because how else would they get you to take out six figures of debt, which makes no sense?" she says.

The social media addicts

Waiting in line for two hours to get a giant milkshake and going after the brands Kim Kardashian endorses are two different things. "Social media is killing everybody," says McLay. "A lot of what we end up doing with our clients is life coaching them and mentoring them to not get caught up in the social media beauty of it all, because we know what's behind the scenes of social media posts and it's usually a lot of credit card debt and sadness and depression."

The couples who are in trouble

It's not on McLay's business card but it should be: In the four years that Financial Gym has been in existence, not one of the couples have divorced. That's because financial advice often ends up being relationship advice.

McLay noticed a wife spending \$1,000 over three months in \$3 increments at Rite Aid. It turned out she was buying Diet Cokes there because her husband didn't like her buying it in bulk at the grocery store because it's unhealthy. "I say, OK, but what's really unhealthy is your wife acting out because she's not allowed to have it in the house," she says.

The frugal ones with savings

Even clients who are doing well come to McLay worried - nobody, she says, feels "abundance" when it comes to their bank account. "One of my most financially set couples, I say what's your goal and he said, 'I just want to know I can afford an extra glass of wine," she recalls. They had \$90,000 in the bank. Our really fit clients are scared to spend money or judge themselves for spending money." Talking to a financial adviser can help you understand how to spend money, not just save it.

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Easy on the wallet

Where to find Tax Day deals to ease — or celebrate! — paying your debt to the IRS.



EVA KIS eva.kis@metro.us

If you're having an especially difficult tax season, get to The Wayfarer in Midtown where all alcoholic beverages are half off on April 17 — beginning at 7 a.m. The Rambler (Old Forester bourbon, peach, ginger, mint, beer float) should help get you in the seasonal spirit. 101 W. 57th St., Midtown West

Chef David Burke's old New York-style restaurant Tavern62 is offering half off all drinks to either make that return go twice as far or more easily forget how much you owe the government. 135 E. 62nd St., Upper East Side

Whether or not you're bringing home the bacon with that tax return, enjoy a Carolina Pulled Pork Sandwich topped with mustard slaw and a side for just \$10.40 at the bar at Virgil's Real BBQ. 152 W. 44th St., Times Square

Known for their sharing-size portions, homestyle Italian spot Carmine's is serving their overstuffed Chicken Parmigiana Hero for just \$10.40, including a choice of side salad, at the bar. 200 W. 44th St., Theater District; 2450 Broadway, Upper West Side

Whatever else comes your way on April 17, it's still Taco Tuesday. Atwood Sports Bar & Lounge will be serving up Tacos & Taxes specials with three tacos of your choice (chicken, beef, pork, tuna) for \$8, guac and chips for \$6, and half-price margaritas (\$6). 986 Second Ave., Midtown East

For those cuddling their pup for stress relief, head to the city's first-ever dog cafe Boris & Horton for a free cup of Boris Blend drip coffee from 7-9 a.m. 195 Ave. A, East Village

Because nobody has had a harder month than accountants, numbercrunchers can head to American gastropub



HandCraft Kitchen & Cocktails for 30 percent off their bill on April 17 from 6-8 p.m. Just present your business card and treat yourself after a long, busy season. 367 Third Ave., Kips Bay



Your one chance to say "a round's on me!" and actually back it up. ALL PHOTOS PROVIDED

Boston Market: The \$10.40 Tax Day Special includes a half chicken, two sides, cornbread and a drink

Chili's: Tax Day is no walk in the park, but the Cherry Blossom Margarita is just \$5 on April 17.

Cinnabon: You probably shouldn't eat all your tax-related feelings, so two free Cinnabon Bites is just about the right portion.

NATIONAL DEALS

Planet Fitness: Work out your stress with a free HydroMassage with online coupon at any Planet Fitness now through April 21.

Quizno's: Toasty Points members get 10.40 percent off any purchase on April 17.

Applebee's: While New York often misses out on nationwide restaurant deals, all NYC locations of Applebee's are serving Dollaritas (that's a \$1 margarita) through the end of

Potbelly Sandwich Shop: Sign up for the Potbelly Perks program through their app and get a free sandwich; current members get a BOGO sandwich.

BurgerFi: Thank NASCAR's Tyler Reddick for this one: Mention his success at last weekend's race when you order for free fries with any purchase.





For the serious Champagne fans, there's a new pop-up bar that's as passionate about bubbly as you.

On select nights this April and May, The Gallery on the 65th floor of Rockefeller Center will be transformed into a fizzy wonderland called Bubble Bar, dedicated to Champagne and cocktails made with Champagne and food made with Champagne — just

assume any Champagnerelated dream can come true here.

Because bubbly is best enjoyed with a little sparkle, the bar is hung with gold lanterns and floating candles, with arrangements of jasmine and orchids by Elias Panago of Flo-ralies Events, all with panoramic south-facing views of Midtown starring the Empire State Building. Spring

Floating to the top

Bubble Bar is the pop-up where all your Champagne dreams come true with Empire State Building views. EVA KIS

take its sweet time out there — the vibe in here is always in bloom.

This isn't just a ca-sual themed bar, ei-ther. Bubble Bar aims "revolutionize the way we think about the celebratory drink." Because let's be honest - when you're partying, you're probably not too concerned with what's in your glass as long as it's topped off. From being confined to celebrations and mixed with fruit juices on bottomless brunch menus, champagne is due for a chance to really shine.

You'll be in some experienced hands for

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this adventure. The Gallery is part of the iconic Rainbow Room, long a hotspot for the glitziest ¹celebrations with over 10 million glasses of Champagne poured since 1934, so they know what they're doing.

The 15 varieties of Champagnes are priced by the glass, from a \$19 Michel Genet Blanc de Blanc to \$110 for Moët et Chandon. There's also a cocktail menu of six bubbly-infused drinks like Let's Get Fizzical (Tequila Corralejo Reposado, Gardet Brut Rosé NV, crème de violette, lime, jalapeño, rosemary) and The Gatsby Garden (Al-



laire Vodka, Lillet Blanc, Carpano Bianco, Nicolas Feuillatte Brut Réserve NV, cucumber, orange bitters).

And because Champagne is, according to the experts, the ideal drink for pairing with food, a full menu of savory items including lobster Cobb salad and triple-cooked fries with Champagne bearnaise sauce. For dessert, there's an array of Tipsy Treats: the Rainbow Float, a wonder we can only guess at called the Champagne Dessert Garden, and a roasted banana soufflé with Champagne sorbet. We weren't kidding about those Champagne dreams.

Bubble Bar is open April 17, 23, 24 and 30, with May dates to be announced soon. Make a reservation at rainbowroom.





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Picture it: You've spent all day taking care of your clients, your boss, and your coworkers. All you want to do when you come home is rip off your clothes, rinse off your hellish commute, and jump your lover's bones. You walk in, let out a heavy sigh, set down your purse, and zoink! There's your partner on the sofa with one hand down their pants and the other slamming their laptop shut. Betrayal! Horror! Disgust! They've taken their own hands to their own private parts with the help of online pornography! You think, How could they? What did I do wrong? Is this the end for us?

Dear reader, it is probably not. In fact, you might be better for it.

Your bodies are different

Even if you've become one flesh through holy matrimony, your partner's body still belongs to them. As such, they have preferences you will never understand, like that disgusting brand of mayonnaise they insist on buying. But you both like sandwiches, right? And you can agree that sandwiches without

Porn takes the pressure off both of you Tell me there hasn't been one time when you were exhausted and didn't feel like jiggling your horny partner's junk. I dare you. Props if you've got forearms of steel, but you're not lacking if you don't! We ask ourselves to be therapists, secretaries, fashion consultants, and unendingly ravenous sluts for our partners. Isn't it nice to outsource

some of those services to others? What's so different about orgasms, especially given that neither their favorite porn stars nor their favorite hand is going to give them (or you) an

You might learn something

Many of us watch porn all by ourselves. What would happen if we began to use porn as an opportunity to share our whole selves with our partners? After all, porn stars have given us a jump-start by sharing their naughty bits and tricks. Maybe we'll see a fun new position to try, or a kink we didn't know we had.



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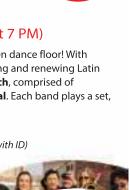
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pants, sit down next to them to see if you can get off to it, too. Maybe you'll love it, maybe you'll hate it — either way, you might find

you're closer for it!

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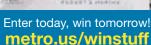
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NATIONALS AT METS 7:10 PM (SNY) 710 WOR RADIO

NBA PLAYOFFS



GAME 2 7 PM (NBA TV)



BUCKS AT CELTICS GAME 2 8 PM (TNT)





PELICANS AT BLAZERS GAME 2 10:30 PM (TNT)

Nimmo proving to Mets he's here to stay The young center Lagares' stellar glove avail-

fielder has earned time in the lineup thanks to vital contributions.



This time one week ago, New York Mets fans were scratching their heads after center fielder Brandon Nimmo was sent down to Triple-A for pitcher Corey Oswalt.

York's bullpen New was working at a high rate to start the season and Oswalt was brought in as a depth option should manager Mickey Callaway choose to give one of the bell cows of his relievers a rest.

The transaction was understandable, despite the 25-year-old Nimmo batting .333 with a .600 on-base percentage in his first six games of the season, as there was a logjam at center field. Michael Conforto's early return from a dislocated shoulder would have left Nimmo and Juan Lagares short on playing time. Whether it was to keep

able or to ensure Nimmo got regular at-bats to keep developing, the latter found himself in Las Vegas for what turned out to be a very short stay.

After just one game with the 51's, Nimmo was on his way back to New York after injuries to catchers Travis d'Arnaud and Kevin Plawecki last week. The Mets were forced to call up light-hitting catchers Jose Lobaton and Tomas Nido to fill the void behind the plate but also brought back Nimmo to provide more offense off the bench.

He took full advantage of his return, going 3-5 with a triple and the game-tying home run in the bottom of the sixth which helped set up Wilmer Flores' walk-off win on Sunday against the Milwaukee Brewers. It brought his 2018 totals to .400 with that home run and a .571 on-base percentage.

That kind of production got him the start last night against the Nationals due to Jay Bruce's foot issues and will make it difficult for Lagares to get in many games as he and Nimmo will continue to



Brandon Nimmo has stepped up for the Mets regardless of his playing time during the start of this season. **GETTY IMAGES**

compete for playing time when Conforto requires rest days. Lagares has been no slouch early on this season, batting .350 in his first nine games.

But Nimmo will take his playing time any way possible on the high-flying

"You have to just try and help the team however you can. What's special about this team, if you talk to a lot of the guys around here, it's the most talented team they've played on. So yeah, that makes at-bats hard to come by, but that also makes a World Series a very plausible thing," Nimmo said (h/t Newsday). "How many opportunities do you get to do that? I want to be part of a World Series team. And if that means I need to come

off the bench and put up a good at-bat for a pinchhit or whatever, it may be then that's what I'm going to do. If they need me to start because someone is feeling a little rough that day, then that's what I'm going to do. They'll get the best effort that I can because I want to see this team winning the World Series at the end of the year."





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WILD AT JETS **GAME 4** 8 PM (CNBC)





10:30 PM (NBCSN)





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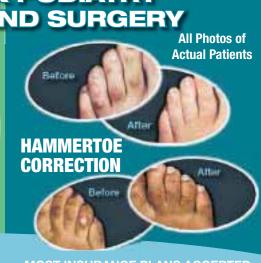
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Yanks could call up Torres this week

New York's top prospect could make his highly-anticipated debut soon.



JOE PANTORNO joseph.pantorno@metro.us

With injury fortunes that look more familiar to the crosstown-rival Mets, the New York Yankees have been forced to piece together their infield during a slow start to the 2018 season.

Long-term injuries to first baseman Greg Bird and third baseman Brandon Drury has led manager Aaron Boone to put natural second baseman Neil Walker at first while Tyler Wade and Miguel Andujar have played second and third base.

Wade and Andujar haven't done much with their opportunities in the big leagues, which has led the Yankees looking for other options. Called up six games into the season, Andujar was batting just .156 with three RBI entering Monday night while Wade, who originally won the chance to platoon with Walker at second out of spring training, has sported a .094 average with 11 strikeouts in 32 at-bats. The vet-



Yankees top prospect Gleyber Torres is ripping up triple-A pitching, GETTY IMAGES

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eran Walker hasn't been much better as he's slashing .188/.264/.208.

Thanks to the Red Sox's hot start, New York can't spend much time hoping for Andujar, Wade or Walker to break out of their slump or else they might fall out of contention for the AL East by mid-May.

The quickest alternative the Yankees could take is calling up top prospect Gleyber Torres, who is ripping it up in triple-A during the early portions of this spring.

In 10 games, the 21-year-old is batting .385 with one home run and 10 RBI in 10 games and could bring a much-needed boost to the infield.

Formerly the top-rated prospect in the majors, now ranked at No. 5 by MLB Pipeline, Torres likely would have made his MLB debut last season

had it not been for a torn UCL that required Tommy John surgery. He had an opportunity to make the big club this spring training, but a mediocre performance in which he slashed .219/.286/.313 with a single RBI in 13 games made it clear that he needed a little more time in the minors.

The Yankees might not have anticipated his call-up being this quick, but Boone admitted that his promotion to the majors is possible.

If the team is ready to make the move, they likely will wait until Wednesday to do so. Should the Yankees call up Torres on Monday or Tuesday, he would become a free agent after the 2023-24 season. By waiting until Wednesday, he wouldn't become a free agent until the end of the 2024-25 campaign.

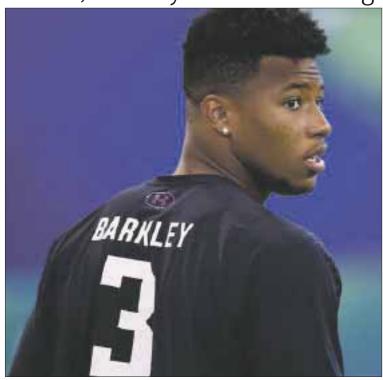
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Giants, Barkley rumors swirling



There is a chance that Penn State running back Saquon Barkley might not be selected within the top three of the 2018 NFL Draft despite being considered the top prospect of the class. While the New York Giants were expected to draft a quarterback with the No. 2 overall pick over the past few weeks, the tune is changing just nine days before the draft. Visit metro.us/new-york/sports for more info. GETTY IMAGES





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To see if using a vaginal gel containing the drug griffithsin (GRFT) or a vaginal gel without GRFT is safe.

For more information, call or text Becky at 347-835-7842 or

IRB NUMBER: 2016-6638 IRB APPROVAL DATE: 03/03/2017

of Nursina.

Latino/Hispanic to participate.

Montefiore : Elleren

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• 10 visits over 2-3 months

and biopsies

or have HIV

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· Subjects must currently be

on birth control and cannot

be pregnant, breastfeeding

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HIV RESEARCH STUDY

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medications and go to medical appointments. The Heart to Heart 2 Program

We are looking for people who are struggling with HIV medications and

HIV care for a research project conducted by the NYU Meyers College

You must be between the ages of 18 - 65 years old, living with HIV,

living in the NYC metropolitan area, and African American/Black or

Contact us at 212-992-6670 for more information and

to see if you qualify for the study.

Compensation is provided and your participation is confidential.

Approved by the NYU School of Medicine

IRB #s15-01480 PI: Marya Gwadz, PhD

addresses these issues without judgment or pressure. We get it.

STUDY PARTICIPANTS NEEDED



The Mood and Anxiety Disorders Program at Mount Sinai School of Medicine is seeking study participants, age 18 to 65, to participate in a research study to help understand the antidepressant effect of an investigational new medication for depression.

We are looking for male and female participants who:

- Currently have a depressive disorder including Major Depression
- 2 Are in good physical health
- → The research study will be conducted by:

Dr. James Murrough at the Mood and Anxiety Disorders (MAP)

1428 Madison Avenue, Atran Building E level

- → Participation will include:
 - 10 Study Visits (~1.5 hours per visit)
 - Thorough psychiatric and medication evaluation (~4 hours)
 - Compensation provided
- → For more information, please call 212-241-3089 or email at megan.hoch@mssm.edu
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LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT QUEENS COUNTY MASTER HOLDING INC.; Plaintiff (s) vs. GURU P. HARIPRASAD; et al; Defendant (s) Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court, Suite 301. Fishkill, New York, 12524. 845.897.1600 Pursuant to judgment of foreclosure and sale granted herein on or about March 1, 2018, I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM #25. On April 27, 2018 at 10:00 am Premises known as 90-60 180 STREET, JAMAICA, NY 11432 Block: 9896 Lot: 78 All that certain lot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens. City and State of New York. As more particularly described in the judgment of foreclosure and

sale. Sold subject to all of the terms

and conditions contained in said

Approximate amount of judgment

\$612,872.98 plus interest and costs.

judgment and terms of sale.

INDEX NO. 704917/2014

Peter M. Wolf, Esq., Referee

LEGAL NOTICES

NOTICE OF SALE SUPREME COURT

QUEENS COUNTY DELITSCHE BANK NATIONAL TRUST COMPANY AS TRUSTEE FOR GSR MORTGAGE LOAN TRUST 2006-0A1; Plaintiff(s) vs TONI SIMONS: et al-Defendant (s) Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES, P.C. 2 Summit Court, Suite 301 Fishkill, New York, 12524, 845 897 1600 Pursuant to judgment of

foreclosure and sale granted herein on or about January 29, 2018. I will sell at Public Auction to the highest bidder at the QUEENS COUNTY SUPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA, NEW YORK, IN COURTROOM #25. On April 27, 2018 at 10:00 am. Premises known as 167 FOCH BLVD, JAMAICA NY 11434 Block: 12364 Lot: 114 ALL that certain plot, piece or parcel of land, situate, lying and being in the Borough and County of Queens, City and State of New York As more particularly described in the judgment of foreclosure and sale. Sold subject

to all of the terms and

interest and costs.

INDEX NO. 19399/2013

Peter M. Wolf, Esq., Referee

and terms of sale. Approximate

conditions contained in said judgment amount of judgment \$329,462.65 plus

LEGAL NOTICES

OF

of A Talent Toolbox, LLC Articles of Org. filed with the Secv. of State of New York (SSNY) on 02/15/2018 Office location: Bronx County SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o United States Corporation Agents, Inc., 7014 13th Ave., Ste. 202, Brooklyn, NY 11228. The principal address of the LLC is: 5700 Arlington Ave. # 3B, Bronx, NY 10471. Purpose: any lawful act or activity

NOTICE IS HEREBY GIVEN that a license, Number 1309003. for On Premise has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Karaoke Restaurant/ Bar under the Alcoholic Beverage Control Law at 932 934 60th Street, Brooklyn, NY 11219. Kings County, for on premises consumption. Galaxy Restaurant & Bar Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1309503, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 2641 Bainbridge Ave. Bronx, NY 10458. Bronx County for on premises consumption Lechonera El Fogon, Inc.

etr**@classifieds** lace an ad call 866-900-9473 or visit us at www.metro.us DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

LEGAL NOTICES

NOTICE OF LEGAL POSTPONEMENT OF SALE SUPREME COURT COLINTY OF OLIFFNS U.S. BANK NATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS TRUSTEE OF SW REMIC TRUST 2015-1. Plaintiff, vs. YADIRA JARQUIN, JAMIE MATLITE A/K/A JAIME MATUTE, PEDRO CARDONA AKA PEDRO A. CARDONA, ET AL., Defendant(s). Pursuant to a Judgment of

Foreclosure and Sale duly filed on March 20, 2017, I, the undersigned Referee will sell at public auction at the Queens County Supreme Court 88-11 Sutphin Boulevard, Jamaica, NY 11435, Courtroom #25 on April 20, 2018 at 10:00 a.m., premises known as 9110 107th Street a/k/a 91-10 107th Street Richmond Hill, NY 11418. All that certain plot, piece or parcel of land, with the buildings and Improvements thereon erected. situate. Iving and being in the Borough of Queens, County of Queens, City and State of New York Block 9311 and Lot 26.

Approximate amount of judgment is \$877, 834.83 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 702913/2015. The original sale was scheduled For March 30, 2018 at the same time and location. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, the Mortgagee's attorney, or the

Heidi Henle, Esa., Referee Peter T. Roach & Associates, P.C. 6901 Jericho Turnpike Suite 240 Syosset, New York 11791 Attorneys for Plaintiff

NOTICE OF FORMATION

of T.U Sound LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 12/19/2017. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 3308 Lurting Ave., Bronx, 10469. Purpose: Providing DJ services and quality Caribbean events in the Tri-State area.

NOTICE OF FORMATION of New Lams LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 03/01/2018 Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 2 Allen Street, Unit 4D, New York, NY 10002. Purpose:

Any lawful activity.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number PENDING, for On-Premises Liquor has been applied for by the undersigned to sell Liquor, Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 4 Stuyvesant Ave., Brooklyn NY 11221. Kings County, for on-premises consumption. Stuvvesant Entertainment Corporation

NOTICE IS HEREBY GIVEN that a license, Number 1308600 for On Premise Liquor, has beer applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 370 Forest Ave., Staten Island, NY 10301. Richmond County for on premises consumption Marmar Restaurant Corp.

NOTICE IS HEREBY GIVEN that a license, Serial #1309378 for Liquor. Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 274 Wyckoff Ave., Brooklyn, NY 11237. Kings County, for on premise consumption. Tender Block LLC.

NOTICE IS HEREBY GIVEN that a license. Number 1309572 for On Premise Liquor has beer applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Cafe under the Alcoholic Beverage Control Law at 112 Hudson Street, New York NY 10013. New York County for on-premises consumption Noted Tribeca Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1309407 for On Premise Liquor, has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 1207 Amsterdam Ave., New York, NY 10027 New York County, for on premises consumption. Columbia Greek Eatery LLC d/b/a Elysian Fields

NOTICE IS HEREBY GIVEN that a license, Number 1308291 for On Premises Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 4117 8th Avenue, Brooklyn, NY 11232 Kings County, for on premises consumption. King 888 Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1309583, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 324 328 Church Ave., Brooklyn, NY 11218. Kings County, for on premises consumption. Sake Japanese Cuisine BK Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Restaurant Wine has been applied for by the undersigned to sell Wine. Beer & Cider at retail in a Restaurant, under the Alcoholic Beverage Control Law at 261-267 Canal St., Stall #9, New York, NY 10013. New York County, for on premises consumption. Ilili Box . Canal Street, LLC d/b/a Ilili Box.

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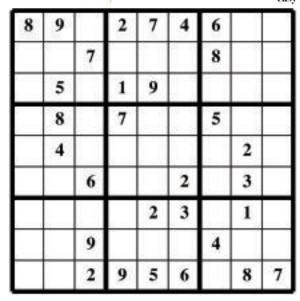
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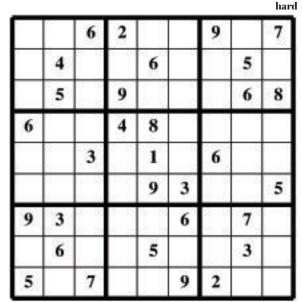
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Aries Slow down and consider the consequence of your actions. It's important to look at all your options before you take on someone or something that's difficult.



Taurus You'll have a chance to make a unique contribution to something that you feel strongly about. Put your physical ability to the test and take bold steps.



Gemini Tidy up loose ends and go over financial documents. Pay close attention to contracts and settlements. Negotiate on your own behalf.



Cancer Get involved in projects or associations that you feel you can help. What you offer will be appreciated and will bring about an unusual offer that can improve your life.



Leo You'll be eager to make a change, but consider the cost involved and how loved ones will be affected before you jump into something.



Virgo Take a closer look at different ways to look after children or parents who need assistance. Calling a family meeting or talking to an expert will



Libra A purchase you want to make will have hidden costs. Find out what's expected of you before committing to participate in a joint venture. Don't make a change if it's too costly.



Scorpio Physical changes will give you the boost you need to initiate your plans. Partnerships will lead to greater opportunities and the chance to use your skills in a gratifying way.



Sagittarius Getting along with your peers will help you avoid a setback that could affect your income. You'll be tempted to make a spur-of-the-moment decision that can lead to loss.



Capricorn Concentrate on home, family and personal gains. Taking time to rejuvenate or doing something that will improve your relationship with a loved one should be a priority.



Aquarius Don't place too much importance on what others do. Be your own boss and follow the path that suits you best. If peer pressure is applied, opt to do your own thing.



Pisces The past will be a good barometer for how to best handle what's heading your way. An investment opportunity could lead to a higher standard of living. EUGENIA LAST



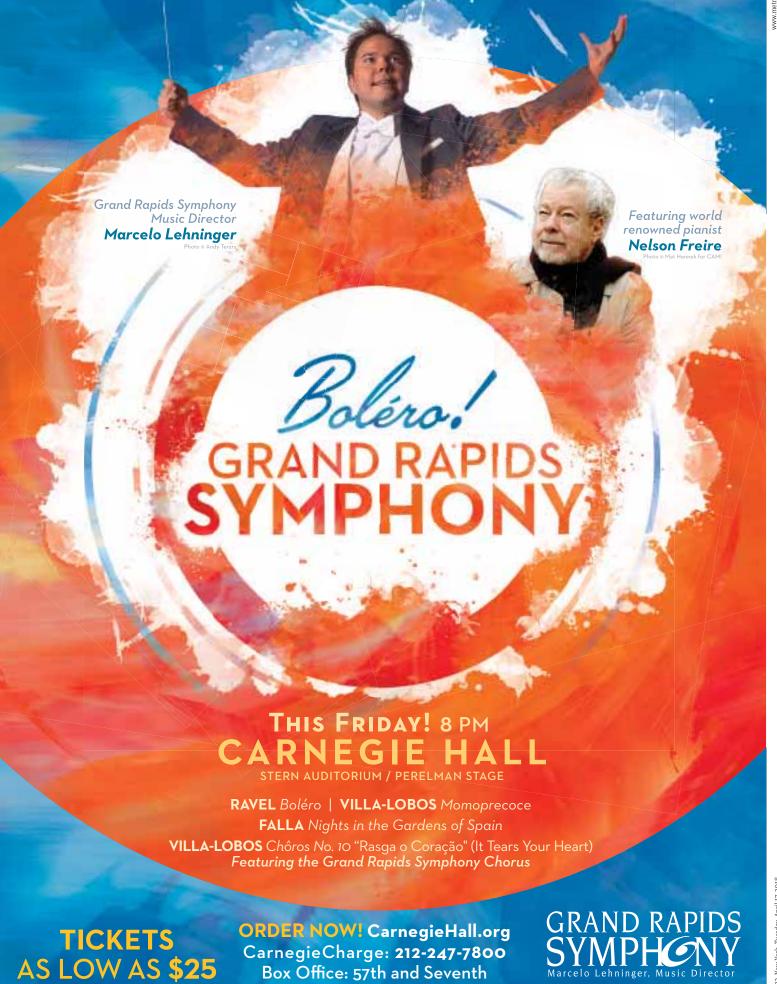


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32 New York Tuesday, April 17, 2018